

The basic locating question of the rock (primary aberrative object)  
is:

"What is a people pleaser".

It can also be run just like this: "How could you help a people pleaser?"  
as an item bracket.

Do not "kid around with" or invalidate this rock.

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The new item bracket is as follows: It has been designed to preserve  
A - R - C and to be used in this exact order one command at a time.

The Rock Bracket:

How could a \_\_\_\_\_ help itself?

How could you help a \_\_\_\_\_ ?

How could a \_\_\_\_\_ help you ?

How could I help a \_\_\_\_\_ ?

How could a \_\_\_\_\_ help me ?

How could another person help a \_\_\_\_\_ ?

How could a \_\_\_\_\_ help another person?

How could others help a \_\_\_\_\_ ?

How could a \_\_\_\_\_ help others?

How could you help yourself?

How could I help myself?

How could you help me?

How could I help you?

Command words but not as a whole phrase are cleared often (every 3  
brackets) and the pc is asked for his opinion only of the word "help" and  
the item. His answer is not challenged.

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Only ARC breaks can hide rock again after found - clear them well.  
CLEAR ALSO environmental ARC breaks on the Rock between sessions.